



Pad Sewing Instructions

The Pad is the absorbent flannel insert for the Wrapper.

Materials/Details

8 1/2" x 8 1/2" square pre washed flannel (2)

polyester thread

serger machine, needles

Finished size ~ 8 1/2" x 8 1/2" or slightly smaller due to knife cutting while serging

1. Stack 2 flannel pieces WST*.
2. Serge around stacked flannel with a 4 - thread overlock; start on the corner of one side, and end by rounding off those beginning corner stitches by an inch while serging off edge, trim thread. (Best method is to round all corners. Under no circumstances is it necessary to use liquid seam sealant)

or

9" x 9" square pre washed flannel (2)

polyester thread

sewing machine, needle

Finished size ~ 8 1/2" x 8 1/2"

1. Stack 2 flannel pieces RST*.
2. Start on one side (not a corner), stitch 1/4" seam around leaving 2 inch opening to turn, backstitch at the start and end of the sewing; turn; press; sew opening closed and continue to edgestitch around entire outside edge of pad, staying as close to the edge as possible - about 1/8".
3. Stitch a line at the 1/3 mark from each edge from one side to another, making parallel lines These become the fold lines. (The stitch line would be about 2.75 to 2.8 in. from each of 2 sides Think of it as having a top and lower edge even though it is square.)

*Notes:

WST = Wrong Sides Together

RST = Right Sides Together

Pressing fabric before cutting helps with accuracy.

Overlocking or zigzagging on a domestic machine does not provide a suitably finished edge.

Cutting 2 pieces together, WST or RST, depending on which sewing method you are using; then stitching without separating, can save time as you are not continually repositioning the edges to be aligned for sewing.

Can alternately use strip method to prepare flannel pieces.

Use flannel that can help disguise stains; preferably dark solids or patterns that are geometric, or botanical.

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